



## Muscogee (Creek) Nation Elder Services Meeting for March, 2023

On Wednesday, March 1, 2023, Ms. Angella Fish and her Elder Services staff hosted a meeting with MCN elder committee members from several MCN communities, and other elders. MC National Council Representatives Anna Marshall-Tukvptce District, and Galen Cloud-McIntosh District, attended.

Attendees benefited from hearing about “best practices,” programs

and community activities designed for Mvskoke elders, **including:**

- An update on the September 2023 National Indian Council on Aging conference, to be held in Cherokee, North Carolina. Representative Marshall discussed potential legislation that will be introduced in April, to provide assistance with transportation and lodging expenses, for Mvskoke elders who plan to attend the conference;
- Jeremy Tecumseh, the Okmulgee Indian Community’s diabetic fitness coordinator, discussed features of community’s fitness program. The community received a \$25,000 MCN Department of Health program, to create a program to help reduce the health problems associated with diabetes and improve physical fitness; and,
- Representative Cloud discussed a class he taught for Thlopthlocco Tribal Town, which examined the culture, history and language of the Mvskoke people. Attendees were very interested in similar classes being offered to Mvskoke elders, and Mr. Cloud said he would bring ideas to the group in a future elder’s meeting.

The March Elder Services department was very informative; attendees look forward to the April 5<sup>th</sup>, 2023 meeting at the Okmulgee Elderly Nutrition Center.





